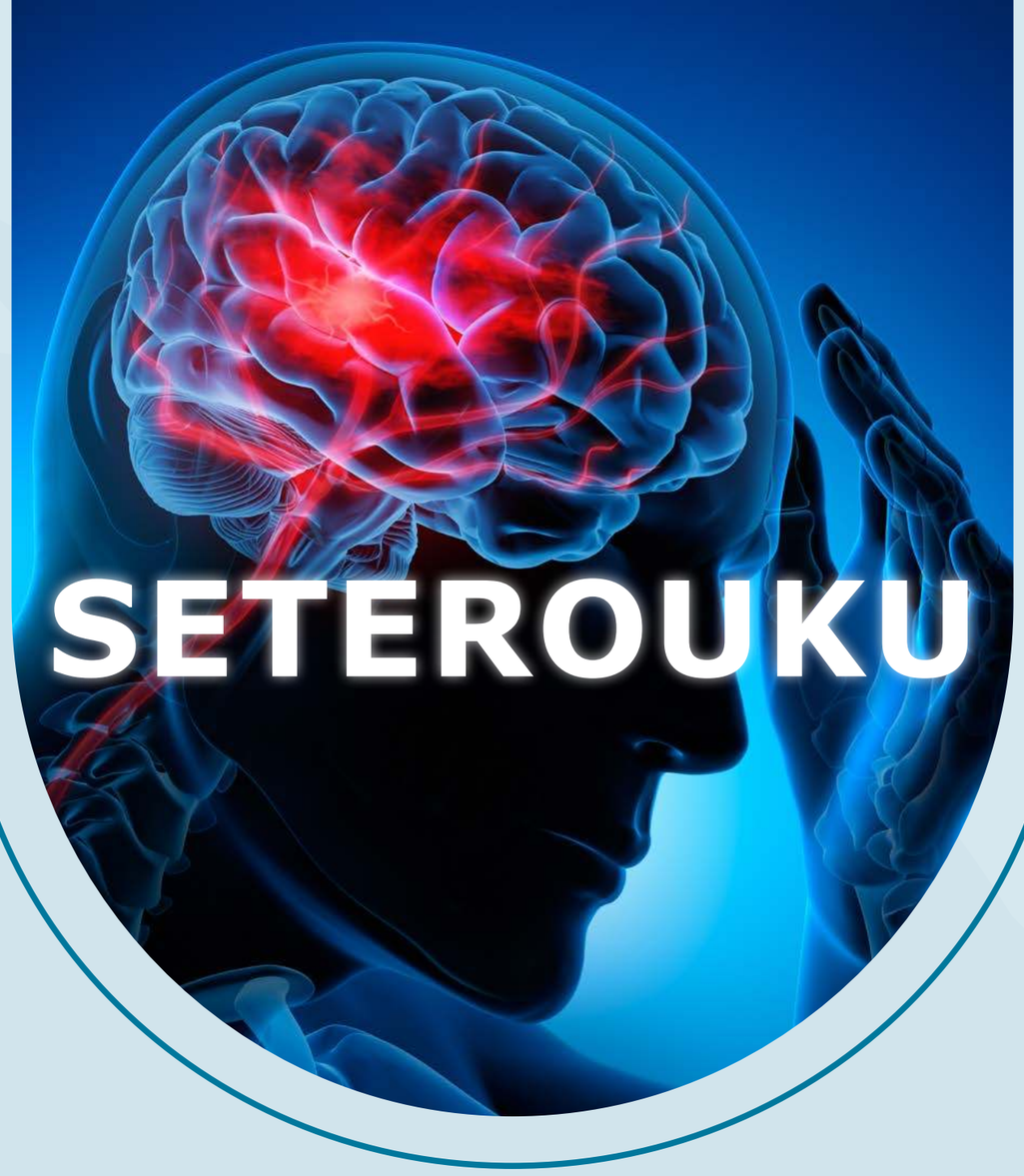
the stroke survivors foundation



Post Discharge Stroke Support (PDSS)
Adapt • Improvise • Overcome

Motheo wa Baphologi ba Seterouku o thiba sekgoba magareng ga go lokollwa sepetlele ka morago ga go lokollwa sepetlele le thekgo le tlhokomelo tšeo di fetošago bophelo.

Go tsenela setšhaba sa rena, taonelouta tirišo ya rena ya MAHALA ya sellathekeng gomme o ingwadiše gona bjale!

Mobile App

strokefocus™

Baphologi ba go hwa lehlakore ba ka se sa ikwa ba le noši e bile ba lahlilwe!

Ge e ba e alafša ka mo go swanetšego le ka nako, mafelelo a go hwa lehlakore a ka fokotšwa kudu gomme e be e ka phološa maphelo, gammogo le boiphedišo bja ka moso bja mophologi le lapa la bona.

Tseba maswao

B — **BALANCE**
Loss of Balance, Headache or Dizziness



TEKATEKANO
Tahlegelo ya tekatekano, go opša ke hlogo goba go tsenwa ke phefo

E — **EYES**
Blurred Vision



MAHLO
pono ye e sa bonagalego gabotse

F — **FACE**
One Side of the Face Drooping



SEFAHLEGO
lehlakore le tee le theoga

A — **ARMS**
Arm or Leg Weakness



MATSOGO
Bofokodi bja matsogo goba maoto

S — **SPEECH**
Speech Difficulty



POLELO
bothata bja polelo

T — **TIME**
Time to Call for Ambulance Immediately



NAKO
Nako ya go bitša ambulense ka pela

Ka boikgantšho e thekgwa ka tšhelete ke LIBERTY *In it with you*

0100 065 656 | www.strokesurvivors.org.za | @strokesurvivors

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